

The Scale (standard version)

WHY I DO THINGS

Name: _____ Age: _____

Grade: _____ () Boy or Girl () Teacher: _____

1. Why do I do my homework?

1. Because I want the teacher to think I'm a good student.

Very true Sort of true Not very true Not at all true

2. Because I'll get in trouble if I don't.

Very true Sort of true Not very true Not at all true

3. Because it's fun.

Very true Sort of true Not very true Not at all true

4. Because I will feel bad about myself if I don't do it.

Very true Sort of true Not very true Not at all true

5. Because I want to understand the subject.

Very true Sort of true Not very true Not at all true

6. Because that's what I'm supposed to do.

Very true Sort of true Not very true Not at all true

7. Because I enjoy doing my homework.

Very true Sort of true Not very true Not at all true

8. Because it's important to me to do my homework.

Very true Sort of true Not very true Not at all true

2. Why do I work on my classwork?

9. So that the teacher won't yell at me.

Very true Sort of true Not very true Not at all true

10. Because I want the teacher to think I'm a good student.

Very true Sort of true Not very true Not at all true

11. Because I want to learn new things.

Very true Sort of true Not very true Not at all true

12. Because I'll be ashamed of myself if it didn't get done.

Very true Sort of true Not very true Not at all true

13. Because it's fun.

Very true Sort of true Not very true Not at all true

14. Because that's the rule.

Very true Sort of true Not very true Not at all true

15. Because I enjoy doing my classwork.

Very true Sort of true Not very true Not at all true

16. Because it's important to me to work on my classwork.

Very true Sort of true Not very true Not at all true

3. Why do I try to answer hard questions in class?

17. Because I want the other students to think I'm smart.

Very true Sort of true Not very true Not at all true

18. Because I feel ashamed of myself when I don't try.

Very true Sort of true Not very true Not at all true

19. Because I enjoy answering hard questions.

Very true Sort of true Not very true Not at all true

20. Because that's what I'm supposed to do.

Very true Sort of true Not very true Not at all true

21. To find out if I'm right or wrong.

Very true Sort of true Not very true Not at all true

22. Because it's fun to answer hard questions.

Very true Sort of true Not very true Not at all true

23. Because it's important to me to try to answer hard questions in class.

Very true Sort of true Not very true Not at all true

24. Because I want the teacher to say nice things about me.

Very true Sort of true Not very true Not at all true

4. Why do I try to do well in school?

25. Because that's what I'm supposed to do.

Very true Sort of true Not very true Not at all true

26. So my teachers will think I'm a good student

Very true Sort of true Not very true Not at all true

27. Because I enjoy doing my school work well.

Very true Sort of true Not very true Not at all true

28. Because I will get in trouble if I don't do well.

Very true Sort of true Not very true Not at all true

29. Because I'll feel really bad about myself if I don't do well.

Very true Sort of true Not very true Not at all true

30. Because it's important to me to try to do well in school.

Very true Sort of true Not very true Not at all true

31. Because I will feel really proud of myself if I do well.

Very true Sort of true Not very true Not at all true

32. Because I might get a reward if I do well.

Very true Sort of true Not very true Not at all true